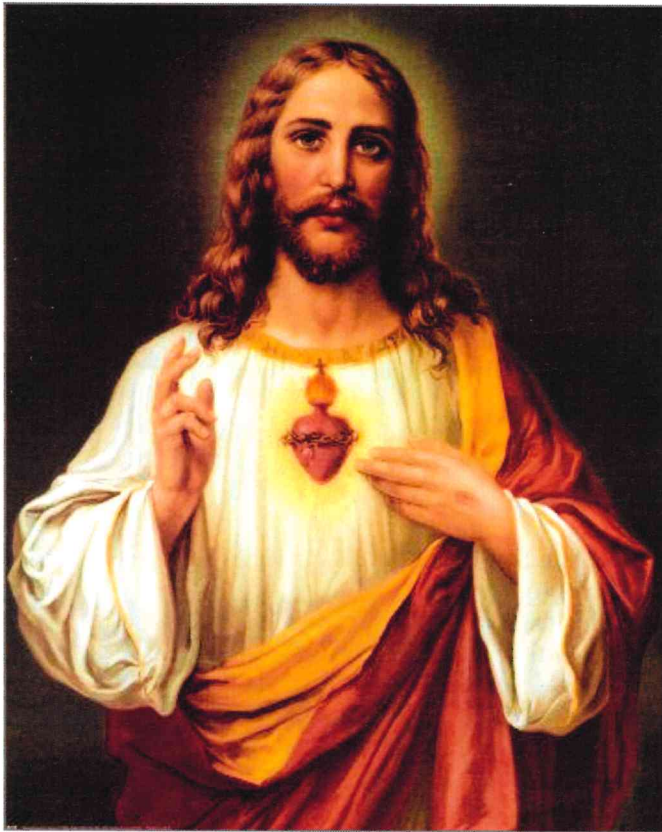


FIRST FRIDAY DEVOTIONS



EXPOSITION OF THE BLESSED SACRAMENT
WITH LITANY OF THE SACRED HEART

ST. CHARLES BORROMEEO SEMINARY
MARCH 7, 2025

O Come to the Altar

Chris Brown, Mack Brock, Steven Furtick, Wade Joy

Are you hurting and broken within?
Overwhelmed by the weight of your sin?
Jesus is calling
Have you come to the end of yourself?
Do you thirst for a drink from the well?
Jesus is calling

Chorus

O come to the altar
The Father's arms are open wide
Forgiveness was bought with
The precious blood of Jesus Christ

Leave behind your regrets and mistakes
Come today there's no reason to wait
Jesus is calling
Bring your sorrows and trade them for joy
From the ashes a new life is born
Jesus is calling (Chorus)

Oh what a Savior
Isn't He wonderful
Sing his praises, Christ is risen
Bow down before Him
For He is Lord of all
Sing his praises, Christ is risen (3x)
(Chorus)

Bear your cross as you wait for the crown
Tell the world of the treasure you've found

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This is Love

Terry Butler & Mike Young

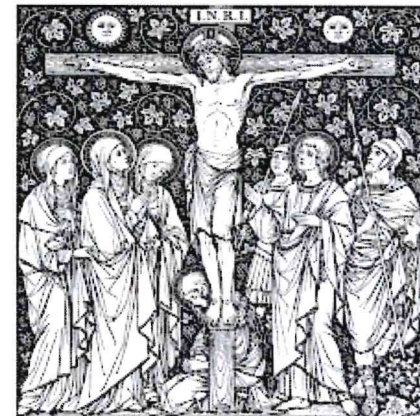
Nail pierced hands...A wounded side.
This is love...this is love.
The holy heart was sacrificed.
This is love...this is love.

Chorus

I bow down to the Holy One;
I bow down to the Lamb.
I bow down to the Worthy One;
I bow down to the Lamb.

Son of God...He died for us.
This is love...this is love.
He walked the hill...He bore the Cross.
This is love...this is love.

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I Will Pledge This Song to You *Jim Cowan*

Chorus
You are holy
You are holy
And my life is in your hands.
You are worthy
You are worthy
Take my life and all I am

Every dream I've known
Every heartache too
They have all been shared with You.
All the times I've failed,
Been untrue to You
I have known your mercy too. (Chorus)

Now the way shines clear
And your presence here
Gives me strength to carry through.
Lord, You are my Way
And so every day
I will pledge this song to You. (Chorus)

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Lord, I Need You *Christy Nockels, Daniel Carson,
Jesse Reeves, Kristian Stanfill, Matt Maher*

Lord, I come, I confess
Bowing here I find my rest
Without You I fall apart
You're the One that guides my heart

Chorus
Lord, I need You, oh, I need You
Every hour I need You
My one defense, my righteousness
Oh God, how I need You

Where sin runs deep Your grace is more
Where grace is found is where You are
And where You are, Lord, I am free
Holiness is Christ in me

Teach my song to rise to You
When temptation comes my way
And when I cannot stand I'll fall on You
Jesus, You're my hope and stay

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Reading

Homily

Litany of the Sacred Heart of Jesus

V. Lord, have mercy on us.

R. Christ, have mercy on us.

V. Lord, have mercy on us. Christ, hear us.

R. Christ, graciously hear us.

V. God the Father of Heaven...

R. Have mercy on us.

God the Son, Redeemer of the world... [etc.]

God the Holy Spirit...

Holy Trinity, one God...

Heart of Jesus, Son of the Eternal Father...

Heart of Jesus, formed by the Holy Spirit in the

Virgin Mother's womb...

Heart of Jesus, substantially united to the Word of
God...

Heart of Jesus, of infinite majesty...

Heart of Jesus, holy temple of God...

Heart of Jesus, tabernacle of the Most High...

Heart of Jesus, house of God and gate of heaven...

Heart of Jesus, glowing furnace of charity...

Heart of Jesus, vessel of justice and love...

Heart of Jesus, full of goodness and love...

Heart of Jesus, abyss of all virtues...

Heart of Jesus, most worthy of all praise...

Heart of Jesus, King and center of all hearts...

Heart of Jesus, in whom are all the treasures of
wisdom and knowledge...

Heart of Jesus, in whom dwells all the fullness of
the Godhead...

Heart of Jesus, in whom the Father was well
pleased...

Heart of Jesus, of whose fullness we have all re-
ceived...

Heart of Jesus, propitiation for our offenses...

Heart of Jesus, overwhelmed with reproaches...

Heart of Jesus, bruised for our iniquities...

Heart of Jesus, obedient even unto death...

Heart of Jesus, pierced with a lance...

Heart of Jesus, source of all consolation...

Heart of Jesus, our life and resurrection...

Heart of Jesus, our peace and reconciliation...

Heart of Jesus, victim for our sins...

Heart of Jesus, salvation of those who hope in You

Heart of Jesus, hope of those who die in You...

Heart of Jesus, delight of all saints...

V. Lamb of God, who takes away the sins of the
world, *R. Spare us, O Lord.*

V. Lamb of God, who takes away the sins of the
world, *R. Graciously hear us, O Lord.*

V. Lamb of God, who takes away the sins of the
world, *R. Have mercy on us.*

V. Jesus, meek and humble of Heart,
R. Make our hearts like unto Thine.

V. Let us pray...

Almighty and eternal God, look upon the Heart of
Your most beloved Son and upon the praises and
satisfaction which He offers You in the name of
sinners; and to those who implore Your mercy, in
Your great goodness, grant forgiveness in the name
of the same Jesus Christ, Your Son, who lives and
reigns with You forever and ever.

R. Amen.

Meditation Chant

Period of Silence

Attende Domine

R./Attende Domine, et miserere, quia peccavimus tibi.

Ad te Rex summe,
omnium Redemptor,
oculos nostros
sublevamus flentes:
exaudi, Christe,
supplicantum preces.

R./Attende Domine, et miserere, quia peccavimus tibi.

Dextera Patris,
lapis angularis,
via salutis,
ianua caelestis,
ablue nostri
maculas delicti.

R./Attende Domine, et miserere, quia peccavimus tibi.

Rogamus, Deus,
tuam maiestatem:
auribus sacris
gemitus exaudi:
crimina nostra
placidus indulge.

R./Attende Domine, et miserere, quia peccavimus tibi.

Tibi fatemur
crimina admissa:
contrito corde
pandimus occulta:
tua, Redemptor,
pietas ignoscat.

R./Attende Domine, et miserere, quia peccavimus tibi.

Innocens captus,
nec repugnans ductus;
testibus falsis
pro impiis damnatus
quos redemisti,
tu conserva, Christe.

R./Attende Domine, et miserere, quia peccavimus tibi.

Intercessions

Our Father



Benediction

Tantum Ergo

Tantum ergo Sacramentum	Genitori, Genitoque
Veneremur cernui:	Laus et iubilatio,
Et antiquum documentum	Salus, honor, virtus quoque
Novo cedat ritui:	Sit et benedictio:
Praestet fides supplementum	Procedenti ab utroque
Sensuum defectui.	Compar sit laudatio. Amen

Presider: You have given them Bread from heaven.

All: **Having all Sweetness within it.**

Prayer

The Divine Praises

Blessed be God.

Blessed be His Holy Name.

Blessed be Jesus Christ, true God and true man.

Blessed be the name of Jesus.

Blessed be His Most Sacred Heart.

Blessed be His most precious Blood.

Blessed be Jesus in the Most Holy Sacrament of the Altar.

Blessed be the Holy Spirit, the Paraclete.

Blessed be the great Mother of God, Mary most holy.

Blessed be her holy and Immaculate Conception.

Blessed be her glorious Assumption.

Blessed be the name of Mary, Virgin and Mother.

Blessed be Saint Joseph, her most chaste spouse.

Blessed be God in His angels and in His Saints.

May the heart of Jesus, in the Most Blessed Sacrament, be praised, adored, and loved, with grateful affection, at every moment, in all the tabernacles of the world, even to the end of time. Amen.

Praise to the Holiest in the Height

John Henry Newman

Praise to the Holiest in the height,
And in the depth be praise;
In all His words most wonderful,
Most sure in all His ways.

O loving wisdom of our God!
When all was sin and shame,
A second Adam to the fight
And to the rescue came.

O wisest love! that flesh and blood,
Which did in Adam fail,
Should strive afresh against the foe,
Should strive and should prevail.

And that a higher gift than grace
Should flesh and blood refine,
God's Presence and His very Self,
And Essence all divine.

O generous love! that He, who smote,
In Man for man the foe,
The double agony in Man
For man should undergo.

And in the garden secretly,
And on the Cross on high,
Should teach His brethren, and inspire
To suffer and to die.

Praise to the Holiest in the height,
And in the depth be praise;
In all His words most wonderful,
Most sure in all His ways.

The Promises of Our Lord to St. Margaret Mary
For Souls Devoted to His Sacred heart

1. *"I will give them all the graces necessary in their state of life."*
2. *"I will establish peace in their homes."*
3. *"I will comfort them in their afflictions."*
4. *"I will be their secure refuge during life, and above all in death."*
5. *"I will bestow a large blessing upon all their undertakings."*
6. *"Sinners shall find in My Heart the source and the infinite ocean of mercy."*
7. *"Tepid souls shall grow fervent."*
8. *"Fervent souls shall quickly mount to high perfection."*
9. *"I will bless every place where a picture of My Heart shall be set up and honored."*
10. *"I will give to priests the gift of touching the most hardened hearts."*
11. *"Those who shall promote this devotion shall have their names written in My Heart, never to be blotted out."*
12. *"I promise thee in the excessive mercy of My Heart that My all-powerful love will grant to all those who communicate on the First Friday in nine consecutive months, the grace of final penitence; they shall not die in My disgrace nor without receiving the Sacraments; My Divine heart shall be their safe refuge in this last moment."*